

If there is a deeper reason for us to be here, what is it? (How would acting on that deeper reason affect what we choose to do next?)

- We have a greater responsibility to carry the information to our community
- Inform those who work under me to apply information
- Organize a list of those who will benefit from training
- Offer resiliency training to accompany ACE training
- Pull silos / little pods of subcultures and counter cultures together under the umbrella of ACEs
- Get people and groups working independently to network and collaborate for the ACEs
- Get the 1% on board
- Be that positive person for others-a SAFE person
- This is us, health insurance, coming in for wellness
- Moment of conception
- Tip of the iceberg - perception is reality. We can't judge how a person is experiencing their life
- A crisis isn't a teachable moment. If you "be with" and wait for them to calm down, without
- We are all in this boat together "whether we like it or not"
- We are all jumping in the stream-pulling people out-but we were not looking upstream and
- Stewards of next generation-irresponsible not to act
- Head Start-how to explain to staff more-where can you have influence?
- How to organize circles of influence? Coalitions
- Information is a gift we have, a responsibility to share with communities we already interact
- Breaking down barriers-collaborating different agencies. People are interested in each other
- Promote knowledge and information
- If we start at community level we are eventually being real. Health community means there is
- Start small, start local-do it as individuals and with our work
- Took a long time to get to the point where I can feel empathy for the parents of the abused
- Removing barriers so parents get help also. Being able to treat child and parent together
- Could we come up with dollar cost of treating people with the different diseases?
- Agency working with parents to allow the sharing of information, encourage parents
- Going where the path takes me
- Eye opening information not all people have nor do they put together adverse childhood
- Being more patient with staff
- CSCT mobilizes information
- Acting in the deeper reason
- Being involved in community and communities being safe
- Work with more formal resources
- Relating to people more and less quick to judge; most especially in day to day stress-- remembering colleagues were once children especially those who are so difficult at times
- ACEsConnections.com
- ACEs.org-questionnaire
- CANS-child and adolescent needs
- Second Step Curriculum
- Training, self assessment, group assessment, power of both
- Grassroots-systems/system leaders
- Identifying agencies

- Using in court advocacy
- Policy changes
- Educate others but bottom line into home
- Tool for children-calming, etc.
- Incarceration-punishment vs. change-higher return on investment
- Need for science behind it, create an ACE aware society
- Energizing, rethinking, mindfulness with all you are in contact, health issues, health crises
- Attitude problem-child is bad/punishment/move to it
- Bad score doesn't make a bad person.
- How we help people-it is not therapy-self awareness re: own place
- Compassion-how do we roll it out?
- We are who we are-our ACE